

### Third Party Adult ADHD Symptoms and Role Impairment Inventory

Instructions: This inventory can be completed by a third party (eg. significant other, family, friend) to help track ADHD symptoms. Ask them to think of a “typical”, recent week. For each item note on the right how often they occur, and the earliest age they began to persist. Note impact on major life roles at bottom.

Inattentive Traits	Rarely	Sometimes	Often	Very Often	Age started
<b>Difficulty being accurate with details</b>					
How often do they make “careless” mistakes?	0	1	2	3	
<b>Difficulty sustaining attention</b>					
How often does their mind wander in meetings, class, or while reading?	0	1	2	3	
<b>Difficulty listening in conversation</b>					
How often do they miss what people say to them?	0	1	2	3	
<b>Difficulty sticking to and finishing actions</b>					
How often do they leave a task before it is finished?	0	1	2	3	
<b>Difficulty organizing</b>					
How often do they have problems because of poor organization?	0	1	2	3	
<b>Putting off tasks requiring mental effort</b>					
How often do they do things at the last minute?	0	1	2	3	
<b>Often losing important items</b>					
How often do they have to look for misplaced things?	0	1	2	3	
<b>Forgetfulness</b>					
How often do they forget things that matter?	0	1	2	3	
<b>Often distracted by things in environment</b>					
How often do they seem distracted by things around them?	0	1	2	3	
<b>Total Inattentive Presentation score: _____</b>					
<b>Inattentive Traits</b>					
<b>Fidgeting</b>					
How often do they fidget?	0	1	2	3	
<b>Restless</b>					
How often do they get up in the middle of an activity?	0	1	2	3	
<b>Excessively in motion</b>					
How often are they walking or running when others are not?	0	1	2	3	
<b>Excessively loud</b>					
How often are they louder than other people around them?	0	1	2	3	
<b>Excessive internal drive</b>					
How often do they leave quiet activities before others do?	0	1	2	3	
<b>Talking excessively</b>					
How often do they talk longer than necessary?	0	1	2	3	
<b>Speaking at the wrong time in conversation</b>					
How often do they interrupt other people in a conversation?	0	1	2	3	
<b>Difficulty waiting</b>					
How often are they upset when waiting?	0	1	2	3	
<b>Intruding on others</b>					
How often do they intrude on people who are busy?	0	1	2	3	
<b>Total Impulsive/Hyperactive Presentation score: _____</b>					
<b>Do these symptoms impair function in daily activities, at work or school, or relationships with others? Please note some examples here:</b>					

