

## **Buprenorphine Induction Protocol**

Go as long as you can before taking first dose of buprenorphine. Until you can't stand it any longer.

Take 1/2 tab every hour until you feel "normal". Up to 1 pill the first day. Up to 2 pills a day from day 2 onward.

Each day, try to take the minimum that you need to feel normal.

Take medicine under tongue. Hold tight under tongue. You can swallow any saliva that collects in your mouth. After 15 minutes, you can either spit out or swallow the residue.