

Dr. McGee's Mating Guidelines

1. Avoid mates with psychiatric, character or addictions issues.
2. Avoid mates with traumatic childhood history who have not healed from their trauma.
3. Choose a mate based more on character and personality than on looks.
4. Choose a mate based on compatibility and "at easeness."
5. Choose a mate with healthy family relationships and a healthy social network.
6. Choose a mate who is happy, successful, and fulfilled, who wants to be with you not because they need you, but because they need someone to love.