

Step 3 Life Commitment

Assignment for

1. Write out all the people, places and things in which you experience healing, love and beauty. These are manifestations of your higher power. (step 2)
2. Write out, for each of these ways that you experience your Higher Power, how you will turn your life and will over to the **CARE** of these manifestations of your higher power. How will you distinguish exercising your will for the care and love of both yourself and others and simultaneously turning over your will to your higher power when that is in your best interest? (Step 3)